

Community Assessment Survey for Older Adults by Polco – September 2023

Overall Community Quality

Place to Live and Retire

Please rate each of the following aspects of quality of life in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Your community as a place to live	80%	89% C E G	93% C E G	75% A B D F G	87% C E G	68% A B D F	91% C E G	53% A B C D F
Your neighborhood as a place to live	81%	91% C E G	96% C E F G	76% A B D F	92% C E G	67% A B D F	90% B C E G	66% A B D F
Your community as a place to retire	64%	65% B E G	79% A C D E G	59% B F	54% B F	47% A B F	74% C D E G	48% A B F
The overall quality of life in your community	75%	81% B C E G	94% A C D E F G	70% A B D E F G	81% B C E G	56% A B C D F	81% B C E G	47% A B C D F

Please rate the quality of each of the following.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Your overall quality of life	81%	94% C D E F G	90% C E G	78% A B E G	87% A E G	68% A B C D F	84% A E G	64% A B C D F

Recommend and Remain in Community

Please indicate how likely or unlikely you are to do each of the following.

Percentage of demographic that rated the characteristic as *very likely* or *somewhat likely*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Recommend living in your community to older adults	71%		77% D E F G		52%	49%	89%	54%

Community Design

Housing

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Availability of affordable quality housing	18%	19% D	18% D	19% D F	5% A B C G	12%	11% C	18% D
Variety of housing options	27%	23% B D E	37% A C D E G	26% B D E	4% A B C F G	11% A B C F	26% D E	15% B D
Availability of accessible housing (e.g., homes with a no step entry, single-floor living, wide hallways and doorways)	34%	28% B D	50% A C D E G	33% B D E G	3% A B C E F G	15% B C D F	36% D E G	16% B C D F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Having housing to suit your needs	29%	25% D G	18% C D E G	33% B F	37% A B F	36% B	25% C D G	42% A B F
Doing heavy or intense housework	56%	62% F	56% G	54% E G	57%	67% C F	47% A E G	71% B C F
Maintaining your home	53%	59% F	54% G	51% E G	61% F	66% C F	46% A D E G	69% B C F
Maintaining your yard	53%	58% F	54% E	52% E F G	59% F	70% B C F	41% A C D E G	68% C F

Land Use

Please rate each of the following characteristics as they relate to your community as a whole.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Overall design or layout of your community's residential and commercial areas (e.g., homes, buildings, streets, parks, etc.)	65%	50% B C F	76% A C D E G	64% A B D E F G	47% B C F	39% B C F	83% A C D E G	39% B C F
Overall quality of the utility infrastructure in your community (water, sewer, storm water, electric/gas, broadband)	69%	50% B C D F	69% A D E G	73% A D E G	33% A B C F G	43% B C F	79% A D E G	47% B C D F



Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Availability of mixed-use neighborhoods where people live close to places where they can eat, shop, work, and receive services	35%	26% B D F G	47% A C D E G	33% B D E G	7% A B C E F	20% B C D F	38% A D E G	11% A B C F
Public places where people want to spend time	44%	54% C D E G	57% C D E G	42% A B E F G	33% A B E F G	10% A B C D F	53% C D E G	7% A B C D F

Mobility

Please rate each of the following characteristics as they relate to your community as a whole.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community	57%	48% C D F G	51% D F G	60% A D E F G	25% A B C F	38% C F	83% A B C D E G	26% A B C F



Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Ease of travel by public transportation in your community	36%	25% C D F	19% C D F	42% A B D E F G	5% A B C E F G	21% C D F	54% A B C D E G	19% C D F
Ease of travel by car in your community	81%	82% B E G	90% A C D E G	80% B E F G	78% B E F G	61% A B C D F	88% C D E G	56% A B C D F
Ease of walking in your community	61%	43% B C D F	61% A F G	64% A E F G	73% A E G	47% C D F	75% A B C E G	36% B C D F
Ease of bicycling in your community	56%	38% B C D E F	55% A F G	56% A F G	65% A F G	53% A F G	82% A B C D E G	35% B C D E F
Ease of getting to the places you usually have to visit	76%	80% D E G	83% C D E G	74% B D F G	65% A B C F G	64% A B F G	86% C D E G	45% A B C D E F



Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Having safe and affordable transportation available	34%	31% D E G	30% D E G	34% D E G	55% A B C F	50% A B C F	28% D E G	49% A B C F
No longer being able to drive	20%	10% C E G	18% F	22% A F	17%	25% A F	9% B C E G	24% A F

Employment and Finances

Employment

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Opportunities to build work skills	34%	41% C D E G	58% C D E G	30% A B D F G	13% A B C F	21% A B F	44% C D E G	11% A B C F
Quality of employment opportunities for older adults	27%	25% B D G	47% A C D E G	25% B D F G	9% A B C F	14% B F	37% C D E G	5% A B C F
Variety of employment opportunities for older adults	21%	16% F G	24% D G	21% D F G	8% B C F	11% F	37% A C D E G	4% A B C F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Finding work in retirement	38%	38% B D	19% A C D E G	44% B D F	59% A B C F	48% B F	28% C D E G	56% B F
Building skills for paid or unpaid work	36%	42% B D	19% A C D E F G	40% B D G	65% A B C F	46% B	36% B D G	57% B C F

Finances

Please rate each of the following characteristics as they relate to your community as a whole.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Overall economic health of your community	66%	61% B D E F G	87% A C D E G	62% B D E F G	24% A B C F	29% A B C F	78% A C D E G	26% A B C F

What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:

Percentage of demographic that rated the characteristic as *very positive* or *somewhat positive*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
What impact, if any, do you think the economy will have on your family income in the next 6 months? Do you think the impact will be:	21%	20% B D	31% A C D G	17% B D F	6% A B C E F	21% D	27% C D G	14% B F

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Cost of living in your community	19%	13% B D F	23% A G	19%	23% A G	17%	23% A G	10% B D F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Having enough money to meet daily expenses	41%	48% B F G	28% A C D E G	44% B F G	51% B F	53% B F	28% A C D E G	65% A B C F
Having enough money to pay your property taxes	32%	44% B C F G	26% A E G	31% A E F G	38% F G	47% B C F	19% A C D E G	59% A B C D F

Equity and Inclusivity

Community Inclusivity

Please rate each of the following aspects of quality of life in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Sense of community in your community	57%	70% C E G	70% C E G	50% A B D F	73% C E G	39% A B D F	75% C E G	43% A B D F

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Making all residents feel welcome	52%	47% B D E F G	62% A C E G	49% B D E F G	64% A C E G	31% A B C D F	64% A C E G	31% A B C D F
Neighborhoodness of your community	53%	63% C E G	64% C E G	49% A B D F	75% C E G	37% A B D F	66% C E G	38% A B D F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Having friends or family you can rely on	29%	36% F	27% E G	29% E G	25% E G	43% B C D F	23% A E G	45% B C D F
Feeling lonely or isolated	36%	29% D E F G	32% E G	36% E G	44% A	51% A B C	40% A	51% A B C
Feeling like you don't fit in or belong	26%	19% C E F G	22% F G	27% A G	19% E F G	32% A D	33% A B D	38% A B C D

Equity

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Openness and acceptance of the community towards older residents of diverse backgrounds	57%	53% D G	58% G	59% D E G	71% A C E G	43% C D F	62% E G	33% A B C D F
Valuing older residents in your community	51%	54% E G	65% C E G	48% B D E F G	62% C E G	27% A B C D F	60% C E G	28% A B C D F



Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Being treated unfairly or discriminated against because of your age	24%	14% C E G	12% C E G	30% A B F	21%	24% A B	15% C G	32% A B F



Health and Wellness

Health Care

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Availability of affordable quality physical health care	44%	29% B C D F G	56% A C D E G	43% A B D E F G	13% A B C F	22% B C F	59% A C D E G	12% A B C F
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	57%	49% B D F G	67% A C D E G	56% B D E F G	30% A B C F	40% B C F G	69% A C D E G	21% A B C E F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Finding affordable health insurance	34%	37% D E	41% C F	30% B D E G	51% A C F	51% A C F	27% B D E G	45% C F
Getting the health care you need	37%	51% B C D F	39% A D F	34% A D E	69% A B C E F G	48% C D F	27% A B D E G	42% D F
Getting the oral health care you need	33%	39% B D G	27% A D E G	33% D E G	65% A B C F	51% B C F	30% D E G	58% A B C F
Getting the vision care you need	29%	35% D F	27% D G	28% D G	64% A B C E F G	36% D	24% A D G	47% B C D F
Affording the medications you need	22%	34% B C	15% A D E F G	20% A D E G	37% B C	42% B C F	25% B E G	42% B C F

Independent Living

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Availability of long-term care options	38%	47% D E G	43% D E G	38% D E G	11% A B C F	14% A B C F	37% D E G	14% A B C F
Availability of daytime care options for older adults	22%	12% B C D F	26% A D E G	23% A D E G	4% A B C F	6% B C F	30% A D E G	4% B C F



Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Performing regular activities, including walking, eating and preparing meals	26%	10% B C D E F G	27% A E	26% A E G	21% A E G	45% A B C D F	25% A E G	39% A C D F



Thinking back over the past 12 months, how much time did you spend in each of the following?

Percentage of demographic that rated the characteristic as 1-2 days, 3-5 days or 6 or more days.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	2%	1% D	0% D	3%	5% A B	4%	2%	1%



During a typical week, how many hours do you spend:

Percentage of demographic that rated the characteristic as 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	12%	7% C E F	7% C E F	14% A B D	6% C E F	21% A B D	16% A B D	14%



Mental Health

Please rate the quality of each of the following.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Your overall mental health/emotional wellbeing	81%	86% C G	89% C G	78% A B D F	93% C E G	81% D	89% C G	70% A B D F



Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Availability of affordable quality mental health care	26%	19% F G	32% D E G	26% D E G	10% B C F	10% B C F	35% A D E G	4% A B C F



Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Experiencing confusion or forgetfulness	34%	32% F	37% F	34% F	34% F	38% F	17% A B C D E G	39% F
Feeling depressed	40%	33% C G	31% C G	43% A B	38%	44%	35% G	50% A B F
Dealing with the loss of a close family member or friend	44%	38%	40%	47% F	36%	44%	37% C	49%



Physical Health

Please rate each of the following characteristics as they relate to your community as a whole.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Overall quality of natural environment in your community	71%	95% C E F G	90% C E F G	63% A B D E F G	90% C E F G	50% A B C D F	80% A B C D E G	50% A B C D F
Overall health and wellness opportunities in your community	62%	58% B D E F G	75% A C D E G	60% B D E F G	36% A B C F	30% A B C F	81% A C D E G	25% A B C F

Please rate the quality of each of the following.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Your overall physical health	73%	83% C D E G	76% G	71% A F	70% A	65% A F	81% C E G	61% A B F

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Availability of affordable quality food	49%	48% D G	58% C D E G	47% B D F G	9% A B C E F G	39% B D F G	57% C D E G	21% A B C D E F
Fitness opportunities (including exercise classes and paths or trails, etc.)	60%	81% B C D E F G	71% A C D E G	57% A B D E F G	40% A B C F G	35% A B C F G	68% A C D E G	8% A B C D E F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Your physical health	57%	52% E	59% E	56% E	56% E	72% A B C D F	52% E	62%
Falling or injuring yourself in your home	35%	34% E F	31% E F	37% E F	32% E F	54% A B C D F	18% A B C D E G	39% F
Staying physically fit	54%	50% E G	49% E G	56% E G	48% E G	72% A B C D F	49% E G	68% A B C D F
Maintaining a healthy diet	39%	42% E G	41% E G	35% D E G	53% C	62% A B C F	41% E G	60% A B C F
Having enough food to eat	18%	19% B G	8% A C D E G	20% B G	25% B F	28% B F	15% D E G	33% A B C F

Thinking back over the past 12 months, how much time did you spend in each of the following?

Percentage of demographic that rated the characteristic as *1-2 days*, *3-5 days* or *6 or more days*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
As a patient in a hospital	20%	22%	18%	19%	27%	26%	19%	27%

Thinking back over the past 12 months, how many times have you fallen and injured yourself?

Percentage of demographic that rated the characteristic as *1 to 2 times*, *3 to 5 times* or *more than 5 times*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	33%	38% F	30% E G	34% E F G	37% F	49% B C F	21% A C D E G	49% B C F

Safety

Please rate each of the following characteristics as they relate to your community as a whole.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Overall feeling of safety in your community	62%	76% C D E G	81% C D E G	53% A B D F	93% A B C E F G	43% A B D F	78% C D E G	49% A B D F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Being a victim of crime	22%	8% B C E G	21% A D F	26% A D F	4% B C E G	25% A D F	6% B C E G	22% A D F
Being a victim of fraud or a scam	31%	13% B C D G	25% A C G	36% A B D E F	25% A C	22% C G	19% C G	39% A B E F
Being physically or emotionally abused	8%	3% C E G	2% C E G	10% A B	6% E G	16% A B D F	6% E G	16% A B D F

Information and Assistance

Information on Available Older Adult Services

In general, how informed or uninformed do you feel about services and activities available to older adults in your community?

Percentage of demographic that rated the characteristic as *very informed* or *somewhat informed*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
In general, how informed or uninformed do you feel about services and activities available to older adults in your community?	54%	68% C E G	59% D E G	52% A D	73% B C E F G	43% A B D F	58% D E G	42% A B D F

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Availability of information about resources for older adults	30%	40% C D E F G	45% C D E G	25% A B E F G	23% A B E F G	10% A B C D F	56% A C D E G	5% A B C D F
Availability of financial or legal planning services	34%	39% B C D E G	56% A C D E G	28% A B D E F G	7% A B C F	14% A B C F	47% C D E G	9% A B C F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Having adequate information or dealing with public programs such as Social Security, Medicare, and Medicaid	49%	46% D E	44% D E	49% D E	62% A B C	65% A B C	56%	57%
Not knowing what services are available to older adults in your community	71%	60% C D E G	70% F G	73% A F G	74% A F	79% A F	56% B C D E G	85% A B C F

Please answer the following, as they relate to Internet access at your home:

Percentage of demographic that rated the characteristic as yes.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
I have high-speed internet/broadband at home	88%	85% B D F	94% A C D E G	86% B D F	74% A B C F	82% B F	97% A C D E G	84% B F

In general, how many times do you:

Percentage of demographic that rated the characteristic as *several times a day, once a day or a few times a week.*

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Access the internet from your home using a computer, laptop, or tablet computer	89%	88% F G	92% G	89% F G	89% G	85% F	95% A C E G	75% A B C D F
Access the internet from your cell phone	88%	81% B	96% A C D E F G	86% B D	77% B C F	83% B	88% B D	82% B
Visit social media sites such as Facebook, Twitter, Nextdoor, etc.	67%	74% C D F	75% C D F	63% A B	61% A B	66%	64% A B	71%
Use or check email	94%	94% G	96% E G	94% E G	94%	87% B C	94% G	86% A B C F
Share your opinions online	27%	21% B	35% A C D F	26% B	22% B	26%	24% B	30%
Shop online	40%	41%	49% C	37% B	47%	36%	39%	38%

Quality of Older Adult Services

How would you rate the overall services provided to older adults in your community?

Percentage of demographic that rated the characteristic as *excellent or good.*

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
How would you rate the overall services provided to older adults in your community?	49%	51% E F G	59% C E G	46% B E F G	45% E F G	27% A B C D F	71% A C D E G	17% A B C D F

Productive Activities

Caregiving

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Feeling PHYSICALLY burdened by providing care for another person	27%	15% B C D E	28% A F	29% A F	33% A F	37% A F G	13% B C D E	21% E
Feeling EMOTIONALLY burdened by providing care for another person	31%	24% C	29%	34% A F	35%	37% F	24% C E	23%
Feeling FINANCIALLY burdened by providing care for another person	25%	19%	26%	26% F	22%	28%	17% C	23%



During a typical week, how many hours do you spend:

Percentage of demographic that rated the characteristic as *1 to 3 hours*, *4 to 5 hours*, *6 to 10 hours*, *11 to 19 hours* or *20 or more hours*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Providing care to someone age 55+	40%	37% D	41% F	42% F	52% A F G	41% F	27% B C D E	32% D
Providing care to someone age 18 to 54	17%	8% B C E F	19% A	18% A	13%	18% A	19% A	15%
Providing care to someone under age 18	22%	8% B C E F G	28% A D	20% A F	14% B F	22% A	31% A C D	22% A



Civic Engagement

Please rate each of the following characteristics as they relate to your community as a whole.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Residents' connection and engagement with their community	48%	64% C E G	69% C D E G	39% A B D F G	53% B C E F G	29% A B D F	70% C D E G	24% A B C D F

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Opportunities to participate in community matters	52%	70% C D E G	68% C E G	45% A B F G	55% A E F G	33% A B D F G	72% C D E G	13% A B C D E F
Opportunities to volunteer	59%	80% C D E G	71% C E G	54% A B D F G	66% A C E G	46% A B D F G	75% C E G	18% A B C D E F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Feeling like your voice is heard in the community	45%	32% C G	40% D G	48% A D F	23% B C E F G	47% D	37% C D G	60% A B D F
Finding meaningful volunteer work	26%	17% E F G	26% G	24% E G	26% G	37% A C	33% A G	53% A B C D F
Finding productive or meaningful activities to do	34%	24% C E G	33% G	36% A F G	33% G	37% A G	27% C G	58% A B C D E F

Please indicate whether or not you have done each of the following in the last 12 months.

Percentage of demographic that rated the characteristic as yes.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	18%	22% D	23% C D	16% B D	49% A B C E F G	19% D	16% D	18% D
Watched (online or on television) a local public meeting	29%	40% B C E G	27% A	28% A E	29%	18% A C F	34% E G	22% A F
Voted in your most recent local election	85%	96% B C E F G	86% A D	85% A D	94% B C F G	86% A	84% A D	77% A D
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	13%	11% D F	19% C	11% B D F	28% A C G	16%	19% A C	10% D

During a typical week, how many hours do you spend:

Percentage of demographic that rated the characteristic as 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Volunteering your time	46%	56% C	49%	43% A D F	55% C	44%	56% C G	42% F

Social Engagement

Please rate each of the following characteristics as they relate to your community as a whole.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Overall quality of parks and recreation opportunities	71%	85% C D E G	88% C D E G	66% A B E F G	59% A B F G	47% A B C F	83% C D E G	36% A B C D F
Overall opportunities for education, culture, and the arts	58%	63% D E G	65% D E G	57% D E F G	17% A B C E F	33% A B C D F	71% C D E G	19% A B C F

Please rate each of the following characteristics as they relate to older adults in your community.

Percentage of demographic that rated the characteristic as *excellent* or *good*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Recreation opportunities (including games, arts, library services, etc.)	53%	72% C D E G	61% C D E G	49% A B D E F G	19% A B C F	27% A B C F G	72% C D E G	11% A B C E F
Opportunities to enroll in skill-building or personal enrichment classes	46%	56% C D E G	62% C D E G	40% A B D E F G	4% A B C E F G	24% A B C D F	55% C D E G	13% A B C D F
Opportunities to attend social events or activities	55%	71% C D E G	73% C D E G	49% A B E F G	39% A B F G	30% A B C F	63% C D E G	23% A B C D F
Opportunities to attend religious or spiritual activities	68%	83% C D E F G	82% C D E F G	62% A B	62% A B	63% A B	69% A B G	52% A B F

Older adults may or may not face a number of challenges. Thinking back over the last 12 months, how much of a problem, if at all, have each of the following been for you?

Percentage of demographic that rated the characteristic as *minor problem*, *moderate problem* or *major problem*.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Feeling bored	40%	32% B E G	44% A	39% E G	36% E	55% A C D F	35% E G	51% A C F
Having interesting recreational or cultural activities to attend	39%	30% C E G	32% E G	40% A E G	40% E G	56% A B C D F	38% E G	62% A B C D F
Having interesting social events or activities to attend	42%	35% D E G	36% D E G	43% E G	50% A B G	57% A B C F	41% E G	67% A B C D F

Please indicate whether or not you have done each of the following in the last 12 months.

Percentage of demographic that rated the characteristic as yes.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Used a senior center in your community	15%	7% C D F	12% D F	16% A D	29% A B C E G	14% D	22% A B	13% D
Used a public library in your community	40%	51% C D E G	44% D E G	38% A D E F G	27% A B C F	24% A B C F	55% C D E G	24% A B C F
Used a recreation center in your community	27%	39% C D E G	30% D E G	26% A E G	18% A B F	13% A B C F	33% D E G	10% A B C F
Participated in a recreation program or group activity	33%	37% E G	35% G	34% G	30%	23% A	33% G	19% A B C F
Participated in religious or spiritual activities with others	38%	30% E F	40%	37%	29% F	43% A	42% A D	40%
Participated in a club (including book, dance, game, and other social)	32%	29% F	30%	33% D	22% C F	26% F	39% A D E G	24% F

During a typical week, how many hours do you spend:

Percentage of demographic that rated the characteristic as 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours.

Characteristic	Overall	Nevada (A)	Placer (B)	Sacramento (C)	Sierra (D)	Sutter (E)	Yolo (F)	Yuba (G)
Assisting friends, relatives, or neighbors	83%	74% B C	89% A C	82% A B	80%	81%	82%	84%
Talking or visiting with friends/family	96%	98%	99%	96%	98%	95%	95%	96%