

AGENCY ON AGING AREA 4

Nevada | Placer | Sacramento | Sierra | Sutter | Yolo | Yuba Counties

2015-16

ANNUAL REPORT

PAM MILLER

EXECUTIVE DIRECTOR



Message from the Executive Director

Pam
Miller

2015-16: Year of the Office Move

This past year has been “The Year of the Great Move.”



The move to our new location has meant many things to this Agency. The atmosphere in the office has improved dramatically. We have adequate meeting and office space; a secure data/com room; a real lobby; natural light - the list goes on and on. The “look” of the office is the culmination of our rebranding. We look and feel professional and current. Most importantly, the move facilitated teamwork and a “can-do” attitude among staff. Everyone pitched in and purged outdated files, cleaned, packed and unpacked. It was an amazing process to watch unfold. This move would not have been possible without the vision and support of the Governing Board and Advisory Council.

Another huge undertaking this past year was the Needs Assessment survey. Actually, there were four surveys. We surveyed older adults, caregivers, professionals in the aging network, and anyone who cared about aging issues. We then began holding Town Hall meetings across the region to hear firsthand from community members. The surveys and the information from the Town Hall meetings laid the groundwork for county workgroups to identify the needs of their communities and what AAA4 programs should be funded. It is our hope that this will culminate in an Area Plan that truly reflects the wants and needs of the seven counties that we serve.

AAA4 has undergone a metamorphous these past few years. It has sometimes been challenging and other times fun. In everything we do, we think about how we can better serve the older adults in this region. Through the Aging and Disability Resource Connections (ADRC), we have expanded our awareness to include how to better serve persons living with disabilities. All of this has been possible because of the caring and bright staff at AAA4 who have a shared vision of being the best Area Agency on Aging that we can be. Added to this are dedicated community partners who work beside us to create a comprehensive aging and disability network. Lastly, AAA4 has a caring and committed Governing Board and Advisory Council who are helping us in our successes. It has been a truly good year!

With thanks,

A handwritten signature in black ink, appearing to be the initials 'PM' followed by a flourish.

Creating and supporting opportunities that enhance the lives of older adults
and their families to be safe, healthy and independent.

Fiscal Management

ELIMINATING THE BARRIER TO HEALTH CARE

2015-16 Revenue and Expense

	2014-15	2015-16	Percentage
Revenue			
Federal Funds	\$7,803,000	\$7,978,485	83%
State Funds	1,213,356	1,212,398	13%
County Match	307,538	313,539	3%
Other Funds	<u>111,050</u>	<u>132,474</u>	<u>1%</u>
	\$9,434,944	\$9,636,896	100%
Expense			
Administration	\$958,556	\$968,624	10%
Support Services	2,015,590	2,051,633	21%
Nutrition	4,328,084	4,283,308	45%
Health Promotion/ Disease Prevention	103,620	118,290	1%
Caregiver Services	765,031	806,661	9%
Ombudsman Program/ Elder Abuse Prevention	395,419	558,471	6%
HICAP	706,387	691,073	7%
MIPPA	48,153	50,394	0%
RSVP	<u>114,104</u>	<u>108,442</u>	<u>1%</u>
	\$9,434,944	\$9,636,896	100%

Fiscal
Health

Governing Board and Advisory Council

2016 Governing Board Members

Supervisory Nate Beason, *Chair*
Alternate: Supervisor Ed Scofield
Andrew Burton

Eldon Luce
Alternate: Supervisor Jim Holmes
Karla Gustafson

Supervisor Phil Serna
Alternate: Maxine Milner Krugman
Supervisor Susan Peters
Alternate: Carl Burton
Supervisor Don Nottoli
Supervisor Patrick Kennedy
Alternate: Miko Sawamura, *2nd Vice Chair*
Supervisor Roberta MacGlashan
Alternate: Jayne Karpinski-Costa

Supervisor Scott Schlefstein
Alternate: Supervisor Jim Beard
Dan Farrington

Supervisor Barbara LeVake
Alternate: Tonya (Rhoades) Beebe
Becky Bowen, *Secretary-Clerk*

Supervisor Jim Provenza
Alternate: Nancy Pennebaker
Sheila Allen, *1st Vice Chair*

Supervisor Randy Fletcher
Alternate: Supervisor Andy Vasquez, Jr.
Chris Parent

2016 Advisory Council Members

Nevada County

Norm Sauer
Sarah Deardorff
Timothy Giuliani

Placer County

Gloria Plasencia, *Secretary*
Dr. Irwin Herman
David Wiltsee
Sharon Stanners

Sacramento County

Dev Berger
Lola Young
Dave Pevny
Meghan Rose

Sierra County

Richard Devore

Sutter County

Sue Graue
Tanna Thomas
Pam Epley, *Chair*

Yolo County

Charlotte Dorsey
Seth Brunner, *Vice Chair*
Lydia Bourne
Mardi Bagan
Lisa Musser

Yuba County

Gayle Diamond

Services Delivered

More than 7,000 individuals received services

206,167 congregate meals were served to **3,631** older adults

468,648 home delivered meals benefited **3,454** individuals

Legal Services provided 2,885 individuals with 11.108 hours of service

1,168 individuals received education/training in elder abuse prevention, and

1,255 received elder abuse prevention materials

387 contacts of health promotion benefitted 172 individuals

442 clients received home repair/modification services

15,209 hours of Peer Counseling assisted 89 individuals

72 individuals received **8,124** hours of in-home personal care

1,017 caregivers received 6,879 hours of support while

221 caregivers received 17,423 hours of respite

44,872 contacts of information and assistance provided to 18,626 individuals

142 hours of kinship legal assistance provided to **22** individuals

59,669 one-way rides were provided to 1,756 individuals

3,961 individuals received HICAP counseling ~ 92 community events reached 7,757 individuals

2,807 complaints/investigations were closed by the Long-Term Care Ombudsman Program

2,380 visits to SNFs and RCFEs ~ 2,019 consultations provided to individuals or facilities

21 community education events ~ 5,949 volunteer hours

2015-16
Services

Funded Partners

ELI FRANKENBERG ELI FRANKENBERG

2015-16 Contracted Service Providers

Serving all AAA4 counties:

Legal Services of Northern California – HICAP; Ombudsman/Elder Abuse Prevention

Nevada County: *Legal Services of Northern California* – Legal Services
Gold Country Community Services – Congregate and Home Delivered Meals
Sierra Senior Services – Congregate and Home Delivered Meals
FREED – Residential Repairs/Home Modification
Gold Country LIFT – Transportation in Western Nevada County
Tahoe Transportation District – Transportation in Eastern Nevada County
211 Nevada County – Information & Assistance

Placer County: *Del Oro Caregiver Resource Center* – Caregiver Respite, Caregiver Support
Caring Choices – Health Promotion services
PIRS – Residential Repairs/Home Modification
Legal Services of Northern California – Legal Services; Kinship Legal Services
MOW by ACC – Home Delivered Meals in Western Placer County
Sierra Senior Services – Home Delivered Meals in Eastern Placer County
ResCare HomeCare – Personal Care services
Tahoe Transportation District – Transportation in Eastern Placer County
Seniors First – Congregate Meals; Information & Assistance; Transportation

Sacramento Co: *Cordova Neighborhood Church* – Caregiver Respite
Del Oro Caregiver Resource Center – Caregiver Respite, Caregiver Support
ACC Senior Services – Caregiver Support; Transportation
211 Sacramento Community Link – Information & Assistance
Legal Services of Northern California – Legal Assistance
Lilliput Children's Services – Kinship services
MOW by ACC – Congregate and Home Delivered Meals
California Caregivers – Personal Care services
Rebuilding Together – Residential Repairs/Home Modification
Stanford Settlement – Transportation

Sierra County: *Inc. Seniors* – Information & Assistance; Congregate & Home Delivered Meals
FREED – Residential Repairs/Home Modification
Legal Services of Northern California – Legal Assistance

Yolo County: *Legal Services of Northern California* – Information & Assistance; Legal Assistance
People Resources, Inc. – Congregate and Home Delivered Meals
Dignity Health Yolo Adult Day Health Care - Transportation
Del Oro Caregiver Resource Center – Caregiver Support

Yuba-Sutter Cos: *Yuba-Sutter Legal Center for Seniors* – Legal Assistance, Information & Assistance
FREED – Residential Repairs/Home Modification; Transportation
Caring Choices – Caregiver Respite; Health Promotion services

AAA4 Direct Services

2015-16 Programs conducted by AAA4

Yuba-Sutter Meals on Wheels

Home Delivered Meals Program

170 unduplicated recipients ~ 26,128 meals provided ~ 480 nutrition education sessions

Dine Around Town – Sutter County

Congregate Nutrition Program

45 unduplicated recipients ~ 3,935 meals provided ~ 3 restaurant partners
~ 120 nutrition education sessions

Mature Edge Job Readiness Program

45 unduplicated participants (5 Nevada Co, 8 Placer Co, 21 Sacramento Co, 3 Sutter Co, 7 Yolo Co, 1 Yuba Co) ~ 8 recruitment meetings ~ 45 trainings conducted
~ 67 career counseling sessions ~ 16 employer presentations ~ 1 job fair held

Nutrition Education

Provided by our Registered Dietician at Food Banks and other community partners
96 unduplicated participants ~ 96 nutrition education sessions

SNAP-Ed

Supplemental Nutrition Assistance Program Education

127 unduplicated participants ~ 14 Eat Smart, Live Strong sessions
~ 473 direct education contacts ~ 140 indirect education (materials distributed)

Information & Assistance

In response to calls from throughout our service area
6,341 information contacts

MIPPA Outreach

Medicare Improvements for Patients and Providers Act

16 events attended ~ 71 mailings to rural areas

RSVP Nevada County

Retired and Senior Volunteer Program

463 unduplicated volunteers ~ 61,873 volunteer hours ~ 59 stations

2015-16
Direct
Services

Year in review

Beautiful young people are accidents of nature, but beautiful old people are works of art – *Eleanor Roosevelt*

July ~ August

- Needs Assessment Surveys continue
- New funded partner orientation
- Rebranded website launched
- Grass Valley office move
- ADRC Nevada County Conference

September ~ October

- First community-centered Area Plan Committee meeting held



November ~ December

- Lease negotiations for 1401 El Camino Avenue property
- Joint Meeting of Governing Board and Advisory Council
- Office move planning in high gear

January ~ February

- Office relocated to 1401 El Camino Avenue
- LTC Ombudsman RFP
- Town Halls held in Auburn, Davis, Marysville, Nevada City
- Public Hearing held at Advisory Council meeting



March ~ April

- New office location opens
- Area Plan Committee meeting is first held in new location
- Town Halls held in Carmichael, Roseville, Truckee, Winters, Downieville
- Public Hearing at Governing Board meeting



May ~ June

- Open House follows Joint Meeting of Governing Board and Advisory Council
- RSVP Volunteer Recognition event held
- LTC Ombudsman Program becomes direct service
- Town Halls held in Citrus Heights, Yuba City, Galt, Greenhaven/Pocket area, Loyalton, Stanford Settlement

Additionally, we participated in a partnership with AT&T to bring Digital You workshops to Nevada, Placer, Yolo and Yuba counties; received PG&E, Subaru Share the Love, and private grants to support the Yuba-Sutter Meals on Wheels program; and received SCAN Foundation grants to establish a new ADRC in Placer County and expand an existing ADRC into Yuba-Sutter counties.

Look
what we
did!