

**MEETING NOTICE**  
**AAA4 ADVISORY COUNCIL**

**(916) 486-1876**

**DATE:** December 19, 2024  
**TIME:** 10:00 a.m. – 12:00 p.m.

Our Mission: Enriching the lives of older adults and people with disabilities by **FOSTERING** networks of support, **ADVOCATING** for individual choice, **COLLABORATING** with others, **ENSURING** equity, and **STRIVING** to do so with conviction.

**PLACE:** **YUBA COUNTY**  
Yuba County Government Center  
~Marysville Conference Room~  
915 8<sup>th</sup> Street  
Marysville, CA 95901  
(916) 370-4551

**AGENDA**

- I. CALL TO ORDER, PLEDGE OF ALLEGIANCE, ROLL CALL, WELCOME & INTRODUCTIONS**
- II. COMMENTS FROM THE PUBLIC**
- III. CONSENT CALENDAR**
  - A. Adopt the Agenda.....2 min.
  - B. Approve Minutes From 11/08/24.....2 min.
  - C. Approve 2025 Advisory Council Meeting Schedule.....2 min.
- IV. CORRESPONDENCE ..... 0 min.**  
*Not applicable*
- V. ACTION ITEM .....10 min.**
  - A. Election of Officers for 2025
- VI. DISCUSSION/PRESENTATIONS .....80 min.**
  - A. AAA4 SFY 2023-24 Annual Report, *presented by AAA4 Staff Linda Berry*
  - B. Strategies for Serving Rural Communities, *presented by Advisory Council Member Sylvia McBride*
  - C. California Senior Legislature (CSL) Priorities for 2025, *presented by Advisory Council Member Jim Bohon*
  - D. Bingocize, *presented by AAA4 Staff Christina Mason*
- VII. REPORTS..... 20 min.**
  - A. Executive Committee
  - B. Grants Review Committee
  - C. Governing Board
  - D. Executive Director

**COMMITTEE MEETINGS**

Executive Committee Meeting: **9:30 a.m. – 10:00 a.m., Thursday, December 19, 2024**  
Diversity Committee Meeting: **12:15 p.m. – 12:45 p.m., Thursday, December 19, 2024**

Please visit [www.agencyonaging4.org](http://www.agencyonaging4.org) for additional information.

VIII. ROUNDTABLE: ANNOUNCEMENTS ..... 6 min.

IX. ADJOURNMENT ..... 0 min.

Attachments to be sent under separate cover

- *AAA4 SFY 2023-24 Annual Report*

**\*Members of the public wishing to join the meeting via Zoom, please use the link below:**  
<https://us02web.zoom.us/j/81793806663?pwd=qYk06aPifoddhUjzs0Moq7omxLFpGV.1>

If you need a disability-related reasonable accommodation to participate in this meeting, please contact the AAA4 office at (916) 486-1876, or email [AdvisoryCouncil@AgencyOnAging4.org](mailto:AdvisoryCouncil@AgencyOnAging4.org) at least 3 days in advance with your accommodation request. Every effort will be made to accommodate. However, we cannot guarantee we will be able to honor requests received less than 3 days in advance.

**AGENCY ON AGING AREA 4**  
**JOINT MEETING MINUTES (Advisory Council & Governing Board)**

Date: November 08, 2024  
 Location: **Sacramento County**

**I. CALL TO ORDER & ROLL CALL\*\***

Chair Meghan Rose called the meeting to order at 10:05 a.m., welcoming members and guests. A quorum was established for both Advisory Council and Governing Board members.

<b>County</b>	<b>AC Members Present – 15</b>	<b>Excused = 4; Absent = 1</b>
Nevada	K. Carpenter; A. Mikal-Heine	
Placer	K. Flanagan	D. Wiltsee (A)
Sacramento	S. McBride; Dr. C. Koss; Dr. T. Abah; A. Zonderman	M. Jacobs (E)
Sierra	<i>No Members</i>	
Sutter	T. Thomas	Pam Epley (E)
Yolo	C. Dorsey; S. Brunner; J. Bohon	
Yuba	D. Panteloglew	L. Drown (E); R. Drown (E)
At-Large	P. Nelson; R. Saenz; H. Linder	

<b>County</b>	<b>GB Members Present - 11</b>	<b>Excused = 6; Absent = 1</b>
Nevada	E. Minett	Supv. L. Swarthout (E)
Placer	W. Reed	Supv. S. Jones (E)
Sacramento	L. Klotz; M. Rose	C. Nunley (E); C. Barton (A); M. Sawamura (E)
Sierra	Supv. S. Dryden; Supv. L. Heuer	
Sutter	T. Beebe	Supv. M. Ziegenmeyer (E)
Yolo	N. Pennebaker; Dr. S. Allen	Supv. J. Provenza (E)
Yuba	Supv. D. Blaser; W. Peters	

\*Teleconferencing according to AB 2449 Brown Act Emergency Provision.

**On-site AAA4 Staff:** Pam Miller, Nancy Vasquez, Linda Berry, Jodi Mesa, Kellie Bruton & Rashana Wright.

**AAA4 Staff via Zoom:** Will Tift, Julie Beckner, Dr. Julie Bates, Anson Houghton, German Ayon, Teja Payne, Yvonne Pacheco-Fong, Shirley Mohammed, Robert Teal, Dominique Vaughn, Sara Martinez, Clayton Wyatt, Cindy Reigert, Catherine Rippetoe, Larry Rodill, Agboo Abeywickrama, Anwar Masroor, and Va Tran.

**On-site Guests:** Sam White, *Sierra County Visitor*.

**Guests via Zoom:** Tink Miller, *Placer Independent Resource Services (PIRS)*; Jennifer Massello, *Meals on Wheels (MoW) Sacramento County*, Magdalene DeBerg, *Inc. Senior Citizens of Sierra County*; Soonjin Yoo, *ACC Senior Services*; ACC Senior Services MSW Intern; Michelle Nevins, *Del Oro Caregiver Resource Center*; Margaret Fowler, *Yuba County Commission on Aging* and Janice Labrado, *Sacramento Regional Transit System*.

**II. PLEDGE OF ALLEGIANCE – Led by Meghan Rose**

**III. COMMENTS FROM THE PUBLIC – None**

**IV. CONSENT CALENDAR\*\***

**A. Advisory Council**

- 1. Quorum was established.
- 2. Adopt today’s Agenda and Approve the Minutes from 10/17/24:
  - a. Approve the Minutes from 10/17/24

Motion	Second	Passed
J. Bohon	K. Flanagan	Y= 15; N= 0; Abstain= 0

- b. Adopt today’s (11/08/24) Agenda with the revisions of removing Presentation/Discussion item VI. A. November is National Family Caregiver Month and removing Roll Call & Consent item III. A. #3. Approve Revised Committee Roster; No voting is needed on this roster; the Chair appoints members. Also, there needs to be an update; the Diversity Committee is just for Advisory Council Members.

Motion	Second	Passed
R. Saenz	Dr. T. Abah	Y= 15; N= 0; Abstain= 0

**B. Governing Board**

- 1. Quorum was established.
- 2. Adopt today’s Agenda and Approve the Minutes from 10/11/24:
  - a. Approve the Minutes from 10/11/24 with the revision of adding the funding amount for Action Item VI. C. Vote on Sierra County’s Funding for the 2025-27 RFP Cycle, in the amount of 256,497

Motion	Second	Passed
Dr. S. Allen	W. Peters	Y= 11; N= 0; Abstain= 0

- b. Adopt today’s (11/08/24) Agenda with the revisions of removing Presentation/Discussion item VI. A. November is National Family Caregiver Month.

Motion	Second	Passed
W. Reed	N. Pennebaker	Y= 11; N= 0; Abstain= 0

**V. CORRESPONDENCE – Not applicable**

**VI. ACTION ITEMS\*\***

- A.** Adopt the Slate of Officers for 2025 (*Governing Board*). Revision: Cecile Nunley accepted the nomination as 2<sup>nd</sup> Vice Chair.

Motion	Second	Passed
W. Reed	Supv. Blaser	Y= 11; N=0; Abstain=0

- B.** Adopt Resolution #322 for Yuba-Sutter Meals on Wheels Block Grant Application in Sutter County (*Governing Board*). Approval provided.

Motion	Second	Passed
Dr. S. Allen	E. Minett	Y= 11; N=0; Abstain=0

- C.** Adopt Resolution #323 for Yuba-Sutter Meals on Wheels Block Grant Application in Yuba County (*Governing Board*). Approval provided to utilize funding upon grant approval.

Motion	Second	Passed
Dr. S. Allen	E. Minett	Y= 11; N=0; Abstain=0

- D.** Approve First Quarter JPEC Recommendations (*Governing Board*)

Motion	Second	Passed
W. Peters	William Reed	Y= 11; N=0; Abstain=0

- E. Approve Grants Review Committee Recommendations (*Governing Board*)
  1. Include AAA4 Direct Services in the 2025-27 Request for Proposals (RFP) Cycle
  2. Renew Awards for the 2025-27 Grant Cycle (Titles III-D & III-E)
  3. Adopt Revised Timeline for the 2025-27 RFP

Motion	Second	Passed
W. Reed	W. Peters	Y= 10; N=0; Abstain= (1) E. Minett

- F. Approve Final Parity Percentages (Adjusted for Sierra County) (*Governing Board*)

Motion	Second	Passed
W. Reed	W. Peters	Y= 11; N=0; Abstain=0

**VII. DISCUSSION/PRESENTATION\*\***

- A. November is National Family Caregiver Month – *removed from Agenda.*

**VIII. REPORTS\*\***

**A. Advisory Council**

1. Executive Committee – *Meghan Rose*
  - Met on 11/8/2024 where the agenda was reviewed, and parity decisions were discussed
2. Diversity Committee – *Charolette Dorsey & Rashana Wright*
  - Met on Wednesday, October 16, 2024, in Sacramento County where a quorum was established (Led by Dr. Julie Bates)
  - AAA4’s Diversity Statement was updated
  - Discussing ways to educate and diversify Governing Board and Advisory Council
  - Developing diverse outreach
  - Next meeting scheduled for Thursday, December 19, 2024

**B. Governing Board**

1. Executive Committee – *Meghan Rose*
  - Met on 11/8/2024 where the agenda was reviewed and discussed parity decisions
2. Audit/Finance Committee – *Nancy Pennebaker & Kellie Bruton*
  - Audit continues to move forward, and focus is on developing sustainable funding sources.
3. Grants Review Committee – *Nancy Pennebaker*
  - Met on Friday, November 1, 2024.
  - Discussion and approvals surrounded topics, such as:
    - including AAA4 Direct Services in the 2025-27 RFP cycle
    - staff suggestions of renewing all programs and adding to the 2025-27 Grant Cycle
    - approval to adopt the Revised 2025-27 Timeline Cycle
  - Advisory Council and Governing Board members interested in joining the Grants Review Committee, please reach out to AAA4 staff
  - Next meeting tentatively scheduled for Friday, December 6, 2024

4. Joint Program Evaluation Committee (JPEC) – *Nancy Pennebaker*
  - This committee meets quarterly.
    - Advisory Council and Governing Board members interested in joining this committee, please reach out to AAA4 staff
5. Nominating Committee – *Meghan Rose*
  - Update: Cecile Nunley accepted 2nd Vice Chair

**C. Executive Director – *Pam Miller***

- Three webinars regarding SB1249 began. Dr. Bates is attending the first webinar and Pam Miller will attend the remaining two webinars representing AAA4.
- Pam participated in panel interviews for:
  - the Director of Sacramento County Adult & Family Services
  - the California Association of Area Agencies on Aging (C4A) Executive Director
- The Local Aging & Disability Action Planning (LADAP) Committee reviews how counties rollout the Master Plan for Aging. Committee provided recommendations.
- Veterans Directed Care (AAA4's contract with the VA program):
  - Initially rolled out in Nevada and Placer County; Sacramento County has been added.
  - AAA4 asked to decrease enrollment due to cost restrictions
- Sutter and Yuba Counties need Meals on Wheels volunteer drivers to deliver food:
  - Please reach out to AAA4 staff for volunteering details, if interested

**IX. ANNOUNCEMENTS – *Not applicable***

**X. ADJOURNMENT**

Chair Meghan Rose called for a motion for adjournment at 11:46 a.m.

**\*\*TO LISTEN TO THE FULL AUDIO OR REQUEST MATERIALS FROM THIS MEETING, PLEASE EMAIL [GoverningBoard@AgencyOnAging4.org](mailto:GoverningBoard@AgencyOnAging4.org)**

*Recordings are on file for one (1) year.*

# AGENCY ON AGING AREA 4

## 2025 ADVISORY COUNCIL MEETING SCHEDULE

Date	Time	Activity	Location
1/16/25	10:00 a.m.	<b>Business Meeting</b> Installation of Officers for 2025	Sacramento
2/20/25	10:00 a.m.	<b>Business Meeting</b>	Sutter
3/20/25	10:00 a.m.	<b>Business Meeting</b>	Sacramento
<b>**4/11/2025</b>	10:00 a.m.	<b>JOINT Meeting with the Advisory Council</b> <b>**This meeting meets on a Friday</b> Approve Area Plan Update	Sacramento
5/15/25	10:00 a.m.	<b>Business Meeting</b> Older Americans Month	Yolo
6/19/25	10:00 a.m.	<b>Business Meeting</b>	Sacramento
7/17/25	10:00 a.m.	<b>Business Meeting</b>	Placer
8/14/25	10:00 a.m.	<b>Business Meeting</b> Nominate Members for the Nominating Committee	Sacramento
9/18/25	10:00 a.m.	<b>Business Meeting</b> Elect Members for the Nominating Committee	Nevada
10/16/25	10:00 a.m.	<b>Business Meeting</b> Nominate the Slate of Officers for 2026	Sacramento
<b>**11/14/2025</b>	10:00 a.m.	<b>JOINT Meeting with the Advisory Council</b> <b>**This meeting meets on a Friday</b> Election of Officers for 2026 Family Caregiver Month	Sacramento
12/18/25	10:00 a.m.	<b>Business Meeting</b> Installation of Officers for 2026	Sutter

**ACTION ITEM V. A.**

**TO: AAA4 ADVISORY COUNCIL**  
**FROM: Pam Miller**  
**DATE: November 12, 2024**  
**SUBJECT: Election of New Officers for Calendar Year 2025**

The Advisory Council's Nominating Committee met on October 17, 2024, and adopted a Slate of Officers for Calendar Year 2025. Elections will be held during the December 19, 2024 Meeting, and any additional nominations may be made from the floor before votes are cast.

Chair	Dr. Catheryn Koss	~ Sacramento County
Vice Chair	Karen Flanagan	~ Placer County
Secretary	Sylvia McBride	~ Sacramento County

This item requires a roll call vote.



**PRESENTATION VI. A.**

**TO: AAA4 ADVISORY COUNCIL**  
**FROM: Pam Miller**  
**DATE: December 13, 2024**  
**SUBJECT: ADOPTED AAA4 SFY 2023-24 ANNUAL REPORT**

A Draft copy of the AAA4 SFY 2023-24 Annual Report was provided to the Governing Board Members at their December 13, 2024, meeting where they Adopted the AAA4 SFY 2023-24 Annual Report with suggested edits.

AAA4 Operations Administrator, Linda Berry will provide a brief presentation of the AAA4 SFY 2023-24 Annual Report at the December 19, 2024 Advisory Council Meeting.

## PRESENTATION VI. B.

**TO:** AAA4 ADVISORY COUNCIL

**FROM:** Pam Miller

**DATE:** December 13, 2024

**SUBJECT: STRATEGIES FOR SERVING RURAL COMMUNITIES**

This Presentation will go over fundamental ways in which to deliver services to our Rural Communities. Some key points that will be discussed are as follows:

- Initial Research
- General Incentives for Providing Rural Support
- Building Blocks
- Delivery of Vital Services to Homebound and Disabled
- Bridging Existing Urban Caretaking Services to Rural Settings
- Obtaining Food and Making Food Deliveries in Rural Settings
- Building a Community Volunteer Corp.
- Adaptation of Technology to Educate the Target Audiences

AAA4 Advisory Council Member, Sylvia McBride will provide a brief overview on Strategies for Serving Rural Communities.

**PRESENTATION VI. C.**

**TO: AAA4 ADVISORY COUNCIL**

**FROM: Pam Miller**

**DATE: December 13, 2024**

**SUBJECT: CALIFORNIA SENIOR LEGISLATURE (CSL) PRIORITIES FOR 2025**

During the December 19, 2024 Advisory Council meeting AAA4 Advisory Council Member Jim Bohon will provide an overview of California Senior Legislature Priorities for 2025.

**PRESENTATION VI. D.**

**TO: AAA4 ADVISORY COUNCIL**  
**FROM: AAA4 CalFresh Living & Health Promotion Programs**  
**DATE: December 2, 2024**  
**SUBJECT: BINGOCIZE**

This is not your ordinary health regimen. Join in on the vibrant fusion and health education that seamlessly incorporates the beloved game of B-I-N-G-O and fall prevention! This evidence-based health promotion program is offered through AAA4's CalFresh Healthy Living & Health Promotion Programs.

Bingocize helps older adults improve and maintain:

- Mobility &
- Independence

While also:

- Increasing cognition
- Aiding in reduced falls
- Improving nutrition &
- Allowing for engagement in a social setting

This presentation will be presented at the Advisory Council Meeting on December 19, 2024 meeting, from our very own Health Promotion Coordinator Christina Mason.