

A Master Plan for Aging

A Blueprint for Improving Care for Older Californians



What is a Master Plan for Aging?

A Master Plan for Aging is a blueprint for promoting healthy aging and supporting quality of life. The plan will allow local government, the private sector, and philanthropy to prepare for upcoming demographic changes in our older adult population.

While California has a 10-year Statewide plan, the California Department of Aging recognized the importance of engaging communities to develop their own, locally informed Master Plans for Aging.

Locally, the Yuba/Sutter Master Plan for Aging (YSMPA) will include recommendations for improvements to housing, transportation, healthcare, Alzheimer's, Dementia, behavioral health & social support, and caregiving.

Read on to learn more or visit www.agencyonaging4.org/MasterPlanForAging.



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AGENCY
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AREA 4

Yuba/Sutter Master Plan for Aging



Who is the Master Plan for?

The plan is for *all* Yuba and Sutter County residents but focuses on optimizing health and wellness of older adults, adults with disabilities, and caregivers, addressing a wide range of needs.

Overall, services and supports must be age and disability-friendly, aligning with the cultural needs and values of our diverse communities.



What will the Master Plan accomplish?

The Yuba/Sutter Master Plan for Aging will be designed to ensure older adults, adults with disabilities, and caregivers in the region can live with dignity, be engaged, feel safe, maintain good health and mobility, age in place, and have the ability to make choices.



Why does Yuba/Sutter need a regional plan?

The Yuba/Sutter County Master Plan for Aging will address the unique challenges of aging in our geographically diverse region, encompassing rural and urban populations in Yuba and Sutter Counties.

How can I get involved?

Are you a professional working with older adults, adults with disabilities, or caregivers?

We'd love your support in developing the Master Plan.

Are you a local community member who would like to share your input on the plan?

We welcome your feedback!

Join the conversation!

For more information about the Master Plan for Aging, sign up for updates, or share your thoughts, visit our website at

www.agencyonaging4.org/MasterPlanForAging