

# The Challenges of California's Aging Population

California is home to a rapidly growing diverse aging and older adults with disabilities population, many of whom are expected to have serious service needs in the years to come because of rising rates of poverty, food insecurity, and inadequate housing.



CALIFORNIA IS THE STATE WITH THE HIGHEST PERCENTAGE OF OLDER ADULTS LIVING IN POVERTY



40% OF SENIORS DON'T HAVE INCOME TO MEET BASIC NEEDS<sup>3</sup>



16.3% OF CALIFORNIANS OVER AGE 60 ARE FOOD INSECURE<sup>4</sup>



MORE THAN **1 IN 5** LOW-INCOME CALIFORNIANS OVER AGE 65 CANNOT AFFORD TO PUT FOOD ON THE TABLE



STATE AREA AGENCY ON AGING FUNDING HAS BEEN **REDUCED BY 59%**

Area Agencies on Aging coordinate services to older adult and adults with disabilities at the local level and work to remedy local aging concerns.



**RATES OF ALZHEIMER'S WILL DOUBLE FROM 2008 TO 2030<sup>1</sup>**



**80% OF OLDER ADULTS** HAVE AT LEAST ONE CHRONIC CONDITION AND 50% HAVE AT LEAST TWO<sup>2</sup>

Chronic diseases include conditions such as heart disease, cancer, and type 2 diabetes<sup>2</sup>

To learn more visit: [www.C4A.info](http://www.C4A.info)

C4A represents California's 33 Area Agencies on Aging. AAAs coordinate a wide array of services to seniors and adults with disabilities at the community level.

<sup>1</sup> Alzheimer's Association

<sup>2</sup> Centers for Disease Control and Prevention: Chronic Disease Overview

<sup>3</sup> Elder Economic Index

<sup>4</sup> America's Health Rankings: United Health Foundation 2016 Senior Report

